

# Massage Therapy

Degree Type  
Certificate

Program offered in Lebanon & Keene

## Massage Therapy: Healing Hands with Heart

The Massage Therapy Certificate program prepares graduates for rewarding careers as licensed massage therapists in private practice, hospitals, chiropractic offices, wellness centers, cruise ships, spas, resorts and fitness centers. The program, which can be completed in as little as 12 months or 24 months, prepares students to enter the field with a broad background and the ability to work with a diverse group of clients and health care providers.

**Massage Therapists are in demand!** According to a US Department of Labor estimate\*, employment for massage therapist is expected to increase by 26% between 2016 and 2026, much faster than average for all occupations. In addition, it was reported that the median annual income for a massage therapist in 2010 (including tips and a 15 hour work week) was \$39,860.

\*<http://www.bls.gov/ooh/healthcare/massage-therapists.htm>

*Our mission is to develop and advance the art, science and practice of massage therapy in a caring, professional and ethical manner.*

## Admission Requirements:

1. Meet the college requirements of admissions.
2. Complete the admission forms.
3. Request transcripts from high school and/or college and have directly sent to RVCC.
4. Schedule an interview with the Massage Therapy Program Director. (sprasch@ccsnh.edu)
5. File for Financial Aid if applicable at: <https://fafsa.ed.gov/>

Program Start Dates: Fall Semester

## Internship Experiences for Real World Learning:

In the final semester of the program, the student meets with the Program Director to choose an internship site that aligns with future career goals. Under the supervision of a Licensed Massage Therapist, Chiropractor, Physical Therapist, Physician or other health care provider, the student gains valuable real world experience. (see page 81 to see a list of current internship sites)

## Learning Expectation:

Knowledge translates to success. Therefore, a minimum grade of "C" on a 7 point scale (C=80%) is required to progress within the massage therapy program and to graduate.

## Associate Degree and Dual Degree options:

There are several options for students to complete additional coursework to earn an Associate Degree along with the Massage Therapy Certificate. Some options include: General Studies, Liberal Arts, or dual majors with Occupational Therapy Assistant or Physical Therapist Assistant program.

## Additional Information

Upon completion of the program, the student is responsible for completing First Aid and CPR certification and completing the application for the licensure exam and New Hampshire Massage Therapy License.

## Certificate Program

Courses are offered in fall, spring and summer. You will work with the Program Director to design your learning experience.

NOTE

\* All Massage Therapy courses have co/prerequisites. See course descriptions for requirements.

---

Total Credits	36
---------------	----

---

**Course Sequencing**

### Fall Semester – Full-Time Student

Item #	Title	Credits
MASS101R	Basic Massage Theory and Application	3
MASS102R	Human Body I	3
MASS105R	Massage Essentials	2
MASS110R	Introduction to Eastern Massage Therapy	1
MASS112R	Massage Modality Course	1
MASS112R	Massage Modality Course	1
MASS126R	Massage Rules and Ethics	1

### Spring Semester – Full-Time Student

Item #	Title	Credits
MASS103R	Human Body II	3
MASS111R	Introduction to Spa Techniques	1
MASS112R	Massage Modality Course	1
MASS112R	Massage Modality Course	1
MASS117R	Massage Business Practices I	1
MASS121R	Intermediate Massage Theory and Application	3
MASS192R	Massage Professional Experience	2

## Summer Semester - Full-Time Student

Item #	Title	Credits
MASS104R	Human Body III	3
MASS118R	Massage Business Practices II	2
MASS130R	Advanced Massage Theory and Application	3
MASS140R	Massage Capstone	3
MASS195R	Massage Practicum	1

## Fall Semester #1 - Part-Time Student

Item #	Title	Credits
MASS101R	Basic Massage Theory and Application	3
MASS102R	Human Body I	3
MASS126R	Massage Rules and Ethics	1

## Spring Semester #1 - Part-time Student

Item #	Title	Credits
MASS103R	Human Body II	3
MASS121R	Intermediate Massage Theory and Application	3

## Summer Semester #1 - Part-Time Student

Item #	Title	Credits
MASS104R	Human Body III	3
MASS130R	Advanced Massage Theory and Application	3

## Fall Semester #2 - Part-Time Student

Item #	Title	Credits
MASS105R	Massage Essentials	2
MASS110R	Introduction to Eastern Massage Therapy	1
MASS112R	Massage Modality Course	1
MASS112R	Massage Modality Course	1

## Spring Semester #2 - Part-Time Student

Item #	Title	Credits
MASS111R	Introduction to Spa Techniques	1
MASS112R	Massage Modality Course	1
MASS112R	Massage Modality Course	1
MASS117R	Massage Business Practices I	1
MASS192R	Massage Professional Experience	2

## Summer Semester #2 - Part-time student

<b>Item #</b>	<b>Title</b>	<b>Credits</b>
MASS140R	Massage Capstone	3
MASS195R	Massage Practicum	1
MASS118R	Massage Business Practices II	2