

# OCTA125R : Therapeutic Principles

This lab skills course is designed to ground the student in the basic principles and foundations of practice in Occupational Therapy. The course is designed to reinforce concepts in the theory and practice of OT. This course builds upon concepts and the competencies achieved in AHLT 135R, OCTA 110R and AHLT 104R. Principles of motion and kinesiology will be reviewed, as well as the foundation in therapeutic activity, activity analysis, group dynamics, and the introduction to therapeutic use of self.

**Credits 3**

**Lab Hours 4**

**Lecture Hours 1**

**Prerequisite Courses**

AHLT135R

AHLT104R

BIOL201R

OCTA110R

**Prerequisites**

(or corequisite)